

## Clothing Policy

<b>Published</b>	<b>August 2020</b>
<b>Review Date</b>	<b>February 2022</b>
<b>Sources</b>	Education and Care Services National Regulations, December 2019 Education and Care Services National Law, February 2018 Guide to the Education and Care Services National Law and the Education and Care Services National Regulations, October 2017 Guide to the National Quality Framework, January 2020
<b>Relevant Documents</b>	Sleep and Rest Policy SunSmart Policy

### **Aim:**

To ensure that all Educators and children in the Family Day Care Service wear appropriate and comfortable clothing and footwear during the time that care is being given.

### **Responsibilities:**

#### **In relation to the Approved Provider and Co-ordination Unit Staff:**

- Be aware of the requirements of the Education and Care Services National Law, Education and Care Services National Regulations and the National Quality Standard in regards to clothing
- Ensure that Educators are kept informed about the use of personal protective equipment to facilitate cleaning and health protection measures (e.g. gloves, aprons, goggles)
- Provide information to families about suitable clothing and footwear

#### **In relation to Educators:**

- Abide by their obligations under the current Education and Care Services National Law, Education and Care Services National Regulations and the National Quality Standard in relation to clothing
- Wear clothing that is comfortable and practical, yet professional
- Wear shoes that are comfortable and do not inhibit movement. High heels and slip on shoes can restrict movement and become a safety hazard if an Educator needs to move quickly
- Be mindful of the pictures and slogans on shirts that they are not offensive to the children or families
- When wearing jewellery be mindful of the type that you are wearing – necklaces, large rings and dangly earrings can easily get caught or be pulled on by children
- Be aware of the Services SunSmart Policy in relation to wearing suitable clothing for protection against the sun
- Ensure children are appropriately dressed for indoor and outdoor play, weather conditions, safe sleep and sun protection
- Encourage families to provide clothing for their child that is comfortable (as well as Sun Smart) for the many varied activities that their child may engage in throughout the day.
- Consult with families about the individual needs of children with respect to different values and beliefs associated with clothing and footwear
- Encourage families to provide safe and suitable footwear for their child, covered in shoes with good grip will ensure that children can run, climb and safely enjoy all outdoor activities

- Encourage families to provide at least one set of spare clothes for their child each day, if the child is toilet training, more sets may be required
- Encourage families to refrain from sending their child to care wearing jewellery, if the child does wear jewellery encourage suitable items for the environment e.g. stud earrings
- While we do discourage children from wearing Amber Teething Necklaces whilst in care, if a child does wear an Amber Teething Necklace parents will be encouraged to place them onto other parts of the child's body whilst in care (not around the child's neck), and for it to be covered with clothing
- Remove excess layers of clothing during rest times, and reflect on the room temperature when making these choices
- If a child is wearing an Amber Teething Necklace, educators will remove this for sleep time due to the risks of choking being higher. Educators will then put the necklace back on the child when they wake
- Provide protective aprons such as aprons for messy play experiences

**In relation to Families:**

- Be aware of the Services SunSmart Policy in relation to children wearing suitable clothing for protection against the sun
- Provide clothing for their child that is comfortable for the many varied activities that their child may engage in throughout the day. This may include clothing that can get dirty and clothing that does not inhibit their play such as dresses or long flowing skirts as the children will be participating in many hands-on play experiences, exploration and experimentation
- Provide a sun safe hat for their child to wear
- Provide safe and suitable footwear for their child, covered in shoes with good grip will ensure that children can run, climb and safely enjoy all outdoor activities. Thongs, crocs, Ugg Boots/slippers and gumboots can inhibit children's play. The use of gumboots may be necessary sometimes depending on specific curriculum experiences provided
- Provide a spare set of clothes in their child's bag each day in case of weather changes or the child's clothes need changing

- **What spare clothes to bring each day:**

**Summer**

Undies, socks  
T-Shirt  
Shorts  
Jumper  
Sun hat

**Winter**

Undies, singlet, socks  
Long Sleeve T-Shirt  
Pants/Tracksuit Pants  
Jumper/Jacket  
Sun hat/Beanie

- Babies will generally need 2-3 spare sets of clothing each day
- If their child is toilet training, it is ideal to send in 2-3 spare sets of clothes and a spare pair of shoes each day
- While we do discourage children from wearing jewellery to care, if your child does wear jewellery – such as earrings please be mindful of the environment they are in and wear earrings such as studs that are unlikely to get caught on things or pulled by other children
- While we do discourage the wearing of Amber Teething Necklaces in care, if your child wears an Amber Teething Necklace we encourage families to place them onto other parts of the child's body whilst in care (not around the child's neck), and for it to be covered with clothing

**Continual Monitoring and Improvement:**

Continual improvement and monitoring will occur in the following ways:

- Incidental and planned consultation with families
- Co-ordination Unit Staff accessing current relevant information
- Co-ordination Unit Staff and Educators accessing current and relevant training
- Internal evaluation of incidences and the improvement of systems

**Policy Review**

<b>Date Revised</b>	<b>Comments</b>
March 2014	Scheduled Policy Review – added information about Amber Teething Necklaces and Jewellery
September 2015	Scheduled Policy Review – No changes made
March 2017	Scheduled Policy Review – No changes made
August 2020	Scheduled Policy Review – Added in extra information around personal protective clothing